

# Trauma Series: From Understanding to Intervention

Friday, February 9; Friday, March 9; Friday, April 13

8:30 a.m. – 4:30 p.m.

Falk Complex, Rm 201, Rm 201 & Room 101 respectively  
Syracuse University, Syracuse, NY 13244

The School of Social Work in Falk College, an approved provider of continuing education for LMSWs and LCSWs in New York State, will offer a three part Trauma Series: From Understanding to Intervention. Complex trauma is highly prevalent in many of the populations that we work with, however it is not always well understood, especially since it is not recognized in the DSM. Part one of the series will address the differences between single event PTSD and complex trauma, the effects of trauma on the brain and on attachment, the role of dissociation in complex trauma, and will provide participants with essential interventions that can be used immediately. Part two focuses on Structural Dissociation Theory (SDT): Fraser’s Dissociative Table Technique (FDTT). This day will teach SDT and how it integrates into specific strategies and practical skills to safely and effectively treat complex trauma and trauma-related disorders, as well as how to incorporate FDTT throughout treatment. Part three focuses on developing the skills to effectively treat disassociation with client’s experiencing complex trauma. The art of time orientation will be demonstrated, giving clinicians many valuable tools and skills to eliminate the reliving that causes so much destabilization.

Learning Objectives:		
February 9 <sup>th</sup> – Complex Trauma	March 9 <sup>th</sup> – Structural Dissociation Theory	April 13 <sup>th</sup> – Skills for Effective Treatment
1. Understand the effects of complex trauma on the brain and on attachment	1. Define derealization and depersonification	1. Construct one Oblique Time Orientation
2. Have a basic understanding of how disassociation plays a role in complex trauma	2. Name the 2 action systems that govern human behavior	2. Explain the difference between grounding techniques and time orientation
3. Understand the importance of stabilization and be able to demonstrate at least three stabilization techniques that can be used with clients	3. Describe one condition when the use of Fraser’s Dissociative Table Technique is indicated	3. Explain why non-realization is the motivating reason for the development of self-persecutory parts
		4. Explain the concept of joining with the phobia to treat the phobia

To register, please visit <http://falk.syr.edu/social-work/continuing-education/>

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**Time: 8:30 a.m. – 4:30 p.m.** (Check - in begins at 8:00 a.m.)

**Cost: \$115.00 for one or \$300.00 for all three**

NYS Dept. of Education and NYS Social Work Board has approved this workshop for **6.5** contact hours for one or **19.5** for all three

Contact Social Work Continuing Education – [swkce@syr.edu](mailto:swkce@syr.edu) for more information

6.5 EMDRIA continuing education credit hours are offered to EMDR trained clinicians each for Days 2 and 3

## Presenter for Part One: Tracey Musarra Marchese, MSW, LCSW-R



Tracey Musarra Marchese is a n EMDR Certified Therapist and EMDRIA approved EMDR consultant and trainer. She is a licensed clinical social worker (LCSW) in both NY and NJ. During her 24 years of experience, Tracey has worked in various health and mental health settings, as well as private practice. She has developed expertise in the area of trauma, dissociation, and mind-body wellness. She is also a certified Perinatal Bereavement Counselor and a certified Prepare/Enrich counselor, and has advanced training in Evolving Thought Field Therapy (EvTFT). Tracey is currently a Professor of Practice in the School of Social Work at Syracuse University and has a private practice in Syracuse.

## Presenter for Parts Two and Three: Kathleen Martin, LCSW



Kathleen Martin, LCSW is an EMDRIA Approved Consultant and Trainer. She specializes in treating trauma, complex PTSD and dissociation in her private practice in Rochester, NY. She has published an article entitled *How to Use Fraser’s Dissociative Table Technique to Access and Work with Emotional Parts of the Personality* and has another article in press entitled *The Art of Time Orientation*. She developed an effective strategy for time orientation called Oblique Time Orientation that is detailed in this later article. She has fully integrated Structural Dissociation Theory into her clinical EMDR therapy practice and offers master classes internationally to help others do the same.